Outline for a Workshop on
C.G. Jung's Memories, Dreams, Reflections

presented by Jungian analyst J. Gary Sparks

C.G. Jung was a Swiss psychiatrist born in 1875 on Lake Constance in northeast Switzerland. He was one of the founders of depth psychology, a psychology that deals with the concept of the unconscious and uses dream interpretation to help individuals understand their lives. Jung died in Zürich in 1961.

Some resources for introductory study of Jung:
1. New to Jung? (jgsparks.net/NewtoJung.html): a quick look at who Jung is and a list of reading material for the beginner and intermediate aficionado
2. Chronology of C.G. Jung's Life and Work (jgsparks.net/folio/misc/chronology.html)
3. The "Face to Face" interview (jgsparks.net/folio/Mdr/FacetoFace.ram and jgsparks.net/folio/Mdr/FacetoFace.pdf): the audio track and text of a BBC interview with Jung near the end of his life.

The four phases Jung's life:
1. 1875 (birth) until 1913 (38 yrs. old): childhood, youth, education, psychiatry, Freud
2. 1913 until 1928 (53 yrs. old): night sea journey
3. 1928 until 1944 (69 yrs. old): first creative phase
4. 1944 (heart attack) until 1961 (86 yrs. old): major creative phase.

1. 1875-1913 (38): childhood, youth, education, psychiatry, Freud

Chapter I, First Years

3, first sentence; 4, bottom of page: living from inside out

11-13, first dream; see also, von Franz, C.G. Jung: His Myth in our Time, ch. 1 and Maguire in Mahdi, Betwixt and Between, ch. 4 (jgsparks.net/quotes/Jungsfirstdream.html); see also, MDR, 15, secrets of the earth; 17, original revelation; 27, secret

Chapter II, School Years

36-39, Basel Cathedral fantasy; see also, 40-42, 47-48

Chapter III, Student Years

87f., storm and light dream

Chapter IV, Psychiatric Activities

117, story; see also, van der Post, Testament to the Bushman, 138 (jgsparks.net/quotes/vdP1.html)
Chapter V, Sigmund Freud

met Freud in 1907

163-65, Freud, Italian city dream

split from Freud in 1913

2. **1913-1928 (53):** night sea journey

Chapter VI, Confrontation with the Unconscious

173-75 blocks

175, blood vision

176, arctic cold wave dream

176, war broke out, to see how his experiences connected; 177, tension

180f., Siegfried dream

187f., working with the unconscious; 191, question; 192f., working with the unconscious; 194, loneliness

195, (1916) painted first mandala

197f., (1928) Liverpool, painted the dream as a mandala

199, distill

Chapter VII, The Work

200, studied Gnostic writers

202, alchemical library dream

202-04, locked up in seventeenth century dream

204, Richard Wilhelm; see also, 197 and Jung, "Richard Wilhelm: In Memoriam," CW 15 (jgsparks.net/guides/vF/Wilhelm.pdf)

205f., alchemical research
1. 1875-1913 (38)
   (1903) Studies in Word Association
   (1903) The Psychology of Dementia Praecox

2. 1913-1928 (53)
   (1912) Symbols of Transformation

3. 1928-1944 (69): first creative phase
   (1929) "The Secret of the Golden Flower"

4. 1944 (heart attack)-1961 (86): major creative phase
   (1944) Psychology and Alchemy

Chapter VIII, The Tower, 1923-1950

"in modest harmony with nature."

IX. Chapter IX, Travels

239, North Africa and Islam in 1920

248, America, "bird of prey" in 1925

Chapter X, Visions

289-91, heart attack, visions in 1944

4. 1944-1961 (86): major creative phase

"historical nexus I or my life fitted into"

297, work after visions
Chapter XI, Life After Death

307/318, ancestral questions

325, decisive question

Chapter XII, Late Thoughts

327-342, Christianity and meaning:
   327-330, 332, 334, transformation of the God-image
   330, projection of the God-image
   331, 333, the importance of myth
   335-6, symbol
   338-42, God-image, opposites and meaning

342-353, individuality:
   342, the secret
   343, isolation
   344, individuality
   345, conflict
   347, projection
   347-353, God-image

RETROSPECT

355, stoop low, inner service